

Recreation News

Finney Sports & Leisure Center

Bldg. 64, Conn Barracks

09721-82041 or DSN 353-8476

Mon-Fri, 4-8pm; Sat-Sun, 2-6pm

Classic Movie Day

January 22, join Finney for two great classics, "The Grapes of Wrath" at 4 p.m., and "My Fair Lady" at 6 p.m.

Auto Skills Center & Car Wash

Bldg. 49, Conn Barracks

09721-968224 or 353-8224

Tues-Fri, 11am-7pm; Sat, 9am-5pm; Trianing Holidays, 10am-6pm; Closed Sun & Mon

Automotive Maintenance Class

This class will cover troubleshooting and preventative maintenance for your vehicle. You will learn how to evaluate repair shops, and witness an air bag explosion. After class you may bring your vehicle into the shop to service with the assistance of certified technicians. Stop in before class to determine the supplies you may need.

January Movie Schedule

Jan 2, Chronicles of Narnia

Jan 6, Supersize Me

Jan 7, The Whole Ten Yards

Jan 9, Chronicles of Narnia

Jan 13, North by Northwest

Jan 14, Kill Bill 2

Jan 16, Chronicles of Narnia

Jan 20, Hidalgo

Jan 21, Taking Lives

Jan 23, The Secret of the

Roan Inish

Jan 27, Desperado

Jan 28, The Butterfly Effect

Jan 30, 13 Going On 30



**Thursday and Friday nights at 6 p.m.
and Sunday matinees at 3 p.m.
at Finney Sports & Leisure Center**

PARENT'S DAY OUT

CYS/CLEOS is giving you the Day Off!

Don't miss this opportunity to give yourself a break, explore downtown, or do some shopping.

FREE respite childcare will be provided to registered families with children 6 wks - 10 yrs old.

Sign up at least one week in advance. Space is limited to the first 40 children.

JAN 8, 9 A.M.-2 P.M.

FOR MORE INFORMATION, CONTACT CLEOS AT 354-6414/6517

Sports & Fitness

Family Member Fitness Program

No more excuses! CLEOS is offering free childcare at the CDC for those who participate from 9-11 a.m. on Tues & Thurs. Stop by or call CER at 09721-966517 or DSN 354-6517.

Teen Fitness Program

Teens ages 12-16 may attend a certification course to obtain unaccompanied access to the fitness facilities. Classes are held every Tuesday and Thursday at 6 p.m. at Kessler and Finney Fitness Centers. Call for more information.

Walk to Iraq Program

January brings lots of events where extra miles can be accumulated. Contact the fitness centers for more information.

Civilian Fitness Program

Civilian employees can use up to 3 hours in Paid Time Off to exercise with this valuable program. Contact the fitness centers for more information.

Community Basketball, Upcoming Games

January 8 & 29 at Finney Fitness Center, Men's game at 1 p.m., Women's game at 3 p.m.

January 22 at Stuttgart Patch Barracks, Men's game at 1 p.m., Women's game at 3 p.m.

Finney Fitness Center

Bldg. 64, Conn Barracks

09721-968234 or DSN 353-8234

Mon-Fri, 6am-9pm; Sat & Sun, 9am-5pm; Holidays, 11am-7pm

Finney Fitness Center offers a wide array of cardiovascular equipment, free weights and weight machines. Finney also has two racquetball courts, a basketball court and a climbing wall.

Fitness Classes

Spinning Mon, Wed & Fri 9-9:45 a.m.; Tu & Th 5:30-6:15 p.m.

Weight Training Mon, Wed & Fri 9-10 a.m.

Aerobics Tues & Thurs 9-10 a.m. & 6-7 p.m. Hi & Lo Impact.

Step Aerobics Tues & Thurs 6:45-7:45 p.m.

Personal Training Advisor Available upon request.

Kessler Fitness Center

Bldg. 451, behind Ledward Barracks

DSN 354-6735

Mon-Fri, 6am-9pm; Sat, 11am-7pm; Holidays, 11am-7pm; Closed Sun

Kessler offers cardiovascular equipment, a complete free weight room, three state-of-the-art racquetball courts, a basketball court, volleyball courts, a sauna and wallyball every day from 11 a.m.-12:30 p.m. **Now offering step aerobics every Tuesday and Thursday, 5:30-6:30 p.m.**

Co-Ed Volleyball League

Matches will be played every Monday and Wednesday from 6-8 p.m. Teams should include no more than 6 people, and all active duty, DoD civilians and family members over the age of 18 are eligible. Competition will follow USA Volleyball indoor rules.

King of the Court Basketball

Do you have what it takes to be the King? Prove yourself on the basketball court in a 3-on-3 tournament, every Friday from 6-8 p.m. Open to active duty, DoD civilians and family members at least 18 years of age.